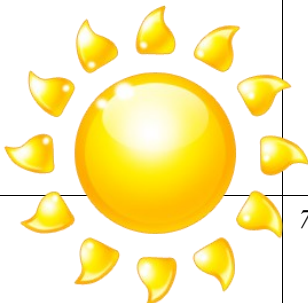



August 2013 Spencer County Elementary School Menu


Mon	Tue	Wed	Thu	Fri
Offered Daily: Milk Chocolate Milk			1	2 
5	6	7 Chicken nuggets Roll, whole grain Mashed potatoes Broccoli w cheese Peaches Apple	8 Papa John's pizza Corn Tossed salad Baked apples Oranges	9 Corn dog Fish nugget Mac/cheese Glazed carrots Baked beans Cole slaw
12 Cheeseburgers on whole grain bun Chicken patty on whole grain bun Fries Lettuce, tomato, onion, pickles Applesauce Fresh Fruit	13 Asian Chicken Grilled Cheese Baby Carrots w/ ranch Midori Blend Vegetables Peaches Fresh Fruit	14 Chicken Rings Breaded Pork Steak w/ Gravy Broccoli w/cheese Buttermilk Squash Cornbread Pineapple Fresh Fruit	15 Papa John's Pizza, whole grain Turkey/cheese on whole grain bun Tossed salad Rainbow potato Baked apples Fresh Fruit	16 Beef BBQ on whole grain bun Cheese quesadilla Northern beans Roasted Herb Zucchini Fruit Smoothie Fresh Fruit
19 Pork BBQ Riblets Chicken Tenders Mac & Cheese, whole grain Broccoli salad w/onion, bacon Mix. Vegetables Mix. Fruit Fresh Fruit	20 Nacho-Grande, whole grain Cheese Sticks Refried Beans, Lettuce, tomato Black Bean Salsa Sour Cream, taco sauce Lettuce/Tomato Juice Cup Fresh Fruit	21 Chicken nuggets Turkey & Gravy Roll, whole grain Mashed Potato Spinach Salad Pickled Beets Pears Fresh Fruit	22 Papa John's Pizza, whole grain Sub-sandwich on whole grain bun Tossed salad Steamed cauliflower w/cheese Mandarin Oranges Fresh Fruit	23 Hot dog on whole grain bun Fish Patty on whole grain bun Sweet Potato Criss Cut Fries Pinto beans Sauerkraut, salsa Peaches Fresh Fruit
26 Chicken corn dog, whole grain Cheeseburger on whole grain bun Glazed Carrots Hash Brown Sticks Applesauce Fresh Fruit	27 Chili w/cheese Vegetarian Soup w/soup Crackers Sweet Potato Fries Raw Veggie Cup Fruit Smoothie Cup Fresh Fruit	28 Popcorn Chicken Fish Nuggets Mashed Potato Green Beans Pineapple Fresh Fruit	29 Papa John's Pizza, whole grain Ham & Cheese Sandwich Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit	30 No School

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September 2013 Spencer County Elementary School Menu

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>No School</p>	<p>3</p> <p>Nacho-Grande, whole grain Soft Chicken Taco Refried Beans, lettuce, tomato Black bean salsa Sour Cream, taco sauce Juice Cup Fresh Fruit</p>	<p>4</p> <p>Chicken nuggets Roast turkey w/gravy Roll, whole grain Mashed Potato Green Beans Mandarin Oranges, Fresh Fruit</p>	<p>5</p> <p>Papa John's Pizza, whole grain BBQ Rib Patty on Whole Grain Bun Garden Salad w/ Romaine, Spinach Corn Pears Fresh Fruit</p>	<p>6</p> <p>Ham & Cheese on Whole Grain Bun Cheese Sticks w/ Sauce Glazed Carrots Tossed Salad Mix. Fruit Fresh Fruit</p>
<p>9</p> <p>Cheeseburgers on whole grain bun Chicken patty on whole grain bun Fries Lettuce, tomato, onion, pickles Applesauce Fresh Fruit</p>	<p>10</p> <p>Asian Chicken Grilled Cheese Baby Carrots w/ ranch Midori Blend Vegetables Peaches Fresh Fruit</p>	<p>11</p> <p>Chicken Rings Breaded Pork Steak w/ Gravy Broccoli w/cheese Buttermilk Squash Cornbread Pineapple Fresh Fruit</p>	<p>12</p> <p>Papa John's Pizza, whole grain Turkey/cheese on whole grain bun Tossed salad Rainbow potato Baked apples Fresh Fruit</p>	<p>13</p> <p>Beef BBQ on whole grain bun Cheese quesadilla Northern beans Roasted Herb Zucchini Fruit Smoothie Fresh Fruit</p>
<p>16</p> <p>Pork BBQ Riblets Chicken Tenders Mac & Cheese, whole grain Broccoli salad w/onion, bacon Mix. Vegetables Mix. Fruit Fresh Fruit</p>	<p>17</p> <p>Nacho-Grande, whole grain Cheese Sticks Refried Beans, Lettuce, tomato Black Bean Salsa Sour Cream, taco sauce Lettuce/Tomato Juice Cup Fresh Fruit</p>	<p>18</p> <p>Chicken nuggets Turkey & Gravy Roll, whole grain Mashed Potato Spinach Salad Pickled Beets Pears Fresh Fruit</p>	<p>19</p> <p>Papa John's Pizza, whole grain Sub-sandwich on whole grain bun Tossed salad Steamed cauliflower w/cheese Mandarin Oranges Fresh Fruit</p>	<p>20</p> <p>Hot dog on whole grain bun Fish Patty on whole grain bun Sweet Potato Criss Cut Fries Pinto beans Sauerkraut, salsa Peaches Fresh Fruit</p>
<p>23</p> <p>Chicken corn dog, whole grain Cheeseburger on whole grain bun Glazed Carrots Hash Brown Sticks Applesauce Fresh Fruit</p>	<p>24</p> <p>Chili w/cheese Vegetarian Soup w/soup Crackers Sweet Potato Fries Raw Veggie Cup Fruit Smoothie Cup Fresh Fruit</p>	<p>25</p> <p>Popcorn Chicken Fish Nuggets Mashed Potato Green Beans Pineapple Fresh Fruit</p>	<p>26</p> <p>Papa John's Pizza, whole grain Ham & Cheese Sandwich Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit</p>	<p>27</p> <p>Chicken Patty on Bun Cheese Quesadilla Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit</p>
<p>30</p> <p>Hot Dog on whole grain Bun Grilled Cheese Sandwich Sweet Potato Fries Cucumber Apple Salad Baked Beans Pineapple Fresh Fruit</p>	<p>Offered Daily: Milk Chocolate Milk</p>			

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October 2013 Spencer County Elementary School Menu

Mon	Tue	Wed	Thu	Fri
Offered Daily: Milk Chocolate Milk	<i>1</i> Nacho-Grande, whole grain Soft Chicken Taco Refried Beans, lettuce, tomato Black bean salsa Sour Cream, taco sauce Juice Cup Fresh Fruit	<i>2</i> Chicken nuggets Roast turkey w/gravy Roll, whole grain Mashed Potato Green Beans Mandarin Oranges, Fresh Fruit	<i>3</i> Papa John's Pizza, whole grain BBQ Rib Patty on Whole Grain Bun Garden Salad w/ Romaine, Spinach Corn Pears Fresh Fruit	<i>4</i> Ham & Cheese on Whole Grain Bun Cheese Sticks w/ Sauce Glazed Carrots Tossed Salad Mix. Fruit Fresh Fruit
<i>7</i> Cheeseburgers on whole grain bun Chicken patty on whole grain bun Fries Lettuce, tomato, onion, pickles Applesauce Fresh Fruit	<i>8</i> Asian Chicken Grilled Cheese Baby Carrots w/ ranch Midori Blend Vegetables Peaches Fresh Fruit	<i>9</i> Chicken Rings Breaded Pork Steak w/ Gravy Broccoli w/cheese Buttermilk Squash Cornbread Pineapple Fresh Fruit	<i>10</i> Papa John's Pizza, whole grain Turkey/cheese on whole grain bun Tossed salad Rainbow potato Baked apples Fresh Fruit	<i>11</i> <div>No School</div>
<i>14</i> 	<div>Fall Break</div>			
<i>21</i> <div>No School</div>	<i>22</i> Chili w/cheese Vegetarian Soup w/soup Crackers Sweet Potato Fries Raw Veggie Cup Fruit Smoothie Cup Fresh Fruit	<i>23</i> Popcorn Chicken Fish Nuggets Mashed Potato Green Beans Pineapple Fresh Fruit	<i>24</i> Papa John's Pizza, whole grain Ham & Cheese Sandwich Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit	<i>25</i> Chicken Patty on Bun Cheese Quesadilla Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit
<i>28</i> Hot Dog on whole grain Bun Grilled Cheese Sandwich Sweet Potato Fries Cucumber Apple Salad Baked Beans Pineapple Fresh Fruit	<i>29</i> Nacho-Grande, whole grain Soft Chicken Taco Refried Beans, lettuce, tomato Black bean salsa Sour Cream, taco sauce Juice Cup Fresh Fruit	<i>30</i> Chicken nuggets Roast turkey w/gravy Roll, whole grain Mashed Potato Green Beans Mandarin Oranges, Fresh Fruit	<i>31</i> Papa John's Pizza, whole grain BBQ Rib Patty on Whole Grain Bun Garden Salad w/ Romaine, Spinach Corn Pears Fresh Fruit	

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November 2013 Spencer County Elementary School Menu

Mon	Tue	Wed	Thu	Fri	
Offered Daily: Milk Chocolate Milk				1 Ham & Cheese on Whole Grain Bun Cheese Sticks w/ Sauce Glazed Carrots Tossed Salad Mix. Fruit Fresh Fruit	4
4 No School	5 Asian Chicken Grilled Cheese Baby Carrots w/ ranch Midori Blend Vegetables Peaches Fresh Fruit	6 Chicken Rings Breaded Pork Steak w/ Gravy Broccoli w/cheese Buttermilk Squash Cornbread Pineapple Fresh Fruit	7 Papa John's Pizza, whole grain Turkey/cheese on whole grain bun Tossed salad Rainbow potato Baked apples Fresh Fruit	8 Beef BBQ on whole grain bun Cheese quesadilla Northern beans Roasted Herb Zucchini Fruit Smoothie Fresh Fruit	1
11 Pork BBQ Riblets Chicken Tenders Mac & Cheese, whole grain Broccoli salad w/onion, bacon Mix. Vegetables Mix. Fruit Fresh Fruit	12 Nacho-Grande, whole grain Cheese Sticks Refried Beans, Lettuce, tomato Black Bean Salsa Sour Cream, taco sauce Lettuce/Tomato Juice Cup Fresh Fruit	13 Chicken nuggets Turkey & Gravy Roll, whole grain Mashed Potato Spinach Salad Pickled Beets Pears Fresh Fruit	14 Papa John's Pizza, whole grain Sub-sandwich on whole grain bun Tossed salad Steamed cauliflower w/cheese Mandarin Oranges Fresh Fruit	15 Hot dog on whole grain bun Fish Patty on whole grain bun Sweet Potato Criss Cut Fries Pinto beans Sauerkraut, salsa Peaches Fresh Fruit	2
18 Chicken corn dog, whole grain Cheeseburger on whole grain bun Glazed Carrots Hash Brown Sticks Applesauce Fresh Fruit	19 Chili w/cheese Vegetarian Soup w/soup Crackers Sweet Potato Fries Raw Veggie Cup Fruit Smoothie Cup Fresh Fruit	20 Popcorn Chicken Fish Nuggets Mashed Potato Green Beans Pineapple Fresh Fruit	21 Papa John's Pizza, whole grain Ham & Cheese Sandwich Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit	22 Chicken Patty on Bun Cheese Quesadilla Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit	3
25 Hot Dog on whole grain Bun Grilled Cheese Sandwich Sweet Potato Fries Cucumber Apple Salad Baked Beans Pineapple Fresh Fruit	26 Nacho-Grande, whole grain Soft Chicken Taco Refried Beans, lettuce, tomato Black bean salsa Sour Cream, taco sauce Juice Cup Fresh Fruit	27 Happy Thanksgiving	28	29	4


December 2013 Spencer County Elementary School Menu

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>Cheeseburgers on whole grain bun Chicken patty on whole grain bun Fries Lettuce, tomato, onion, pickles Applesauce Fresh Fruit</p>	<p>3</p> <p>Asian Chicken Grilled Cheese Baby Carrots w/ ranch Midori Blend Vegetables Peaches Fresh Fruit</p>	<p>4</p> <p>Chicken Rings Breaded Pork Steak w/ Gravy Broccoli w/cheese Buttermilk Squash Cornbread Pineapple Fresh Fruit</p>	<p>5</p> <p>Papa John's Pizza, whole grain Turkey/cheese on whole grain bun Tossed salad Rainbow potato Baked apples Fresh Fruit</p>	<p>6</p> <p>Beef BBQ on whole grain bun Cheese quesadilla Northern beans Roasted Herb Zucchini Fruit Smoothie Fresh Fruit</p>
<p>9</p> <p>Pork BBQ Riblets Chicken Tenders Mac & Cheese, whole grain Broccoli salad w/onion, bacon Mix. Vegetables Mix. Fruit Fresh Fruit</p>	<p>10</p> <p>Nacho-Grande, whole grain Cheese Sticks Refried Beans, Lettuce, tomato Black Bean Salsa Sour Cream, taco sauce Lettuce/Tomato Juice Cup Fresh Fruit</p>	<p>11</p> <p>Chicken nuggets Turkey & Gravy Roll, whole grain Mashed Potato Spinach Salad Pickled Beets Pears Fresh Fruit</p>	<p>12</p> <p>Papa John's Pizza, whole grain Sub-sandwich on whole grain bun Tossed salad Steamed cauliflower w/cheese Mandarin Oranges Fresh Fruit</p>	<p>13</p> <p>Hot dog on whole grain bun Fish Patty on whole grain bun Sweet Potato Criss Cut Fries Pinto beans Sauerkraut, salsa Peaches Fresh Fruit</p>
<p>16</p> <p>Chicken corn dog, whole grain Cheeseburger on whole grain bun Glazed Carrots Hash Brown Sticks Applesauce Fresh Fruit</p>	<p>17</p> <p>Chili w/cheese Vegetarian Soup w/soup Crackers Sweet Potato Fries Raw Veggie Cup Fruit Smoothie Cup Fresh Fruit</p>	<p>18</p> <p>Popcorn Chicken Fish Nuggets Mashed Potato Green Beans Pineapple Fresh Fruit</p>	<p>19</p> <p>Papa John's Pizza, whole grain Ham & Cheese Sandwich Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit</p>	<p>20</p> <p>No School</p>
<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>
 <p>Merry Christmas</p>				
<p>30</p> <p>No School</p>	<p>31</p>			<p>Offered Daily: Milk Chocolate Milk</p>

January 2014 Spencer County Elementary School Menu

Mon	Tue	Wed	Thu	Fri	
Offered Daily: Milk Chocolate Milk	Happy New Year	1 	2 No School	3	2
6 No School	7 Chili w/cheese Vegetarian Soup w/soup Crackers Sweet Potato Fries Raw Veggie Cup Fruit Smoothie Cup Fresh Fruit	8 Popcorn Chicken Fish Nuggets Mashed Potato Green Beans Pineapple Fresh Fruit	9 Papa John's Pizza, whole grain Ham & Cheese Sandwich Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit	10 Chicken Patty on Bun Cheese Quesadilla Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit	3
13 Hot Dog on whole grain Bun Grilled Cheese Sandwich Sweet Potato Fries Cucumber Apple Salad Baked Beans Pineapple Fresh Fruit	14 Nacho-Grande, whole grain Soft Chicken Taco Refried Beans, lettuce, tomato Black bean salsa Sour Cream, taco sauce Juice Cup Fresh Fruit	15 Chicken nuggets Roast turkey w/gravy Roll, whole grain Mashed Potato Green Beans Mandarin Oranges, Fresh Fruit	16 Papa John's Pizza, whole grain BBQ Rib Patty on Whole Grain Bun Garden Salad w/ Romaine, Spinach Corn Pears Fresh Fruit	17 Ham & Cheese on Whole Grain Bun Cheese Sticks w/ Sauce Glazed Carrots Tossed Salad Mix. Fruit Fresh Fruit	4
20 No School	21 Asian Chicken Grilled Cheese Baby Carrots w/ ranch Midori Blend Vegetables Peaches Fresh Fruit	22 Chicken Rings Breaded Pork Steak w/ Gravy Broccoli w/cheese Buttermilk Squash Cornbread Pineapple Fresh Fruit	23 Papa John's Pizza, whole grain Turkey/cheese on whole grain bun Tossed salad Rainbow potato Baked apples Fresh Fruit	24 Beef BBQ on whole grain bun Cheese quesadilla Northern beans Roasted Herb Zucchini Fruit Smoothie Fresh Fruit	1
27 Pork BBQ Riblets Chicken Tenders Mac & Cheese, whole grain Broccoli salad w/onion, bacon Mix. Vegetables Mix. Fruit Fresh Fruit	28 Nacho-Grande, whole grain Cheese Sticks Refried Beans, Lettuce, tomato Black Bean Salsa Sour Cream, taco sauce Lettuce/Tomato Juice Cup Fresh Fruit	29 Chicken nuggets Turkey & Gravy Roll, whole grain Mashed Potato Spinach Salad Pickled Beets Pears Fresh Fruit	30 Papa John's Pizza, whole grain Sub-sandwich on whole grain bun Tossed salad Steamed cauliflower w/cheese Mandarin Oranges Fresh Fruit	31 Hot dog on whole grain bun Fish Patty on whole grain bun Sweet Potato Criss Cut Fries Pinto beans Sauerkraut, salsa Peaches Fresh Fruit	2

February 2014 Spencer County Elementary School Menu

Mon	Tue	Wed	Thu	Fri
Offered Daily: Milk Chocolate Milk				
4 Chicken corn dog, whole grain Cheeseburger on whole grain bun Glazed Carrots Hash Brown Sticks Applesauce Fresh Fruit	5 Chili w/cheese Vegetarian Soup w/soup Crackers Sweet Potato Fries Raw Veggie Cup Fruit Smoothie Cup Fresh Fruit	6 Popcorn Chicken Fish Nuggets Mashed Potato Green Beans Pineapple Fresh Fruit	7 Papa John's Pizza, whole grain Ham & Cheese Sandwich Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit	8 Chicken Patty on Bun Cheese Quesadilla Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit
10 Hot Dog on whole grain Bun Grilled Cheese Sandwich Sweet Potato Fries Cucumber Apple Salad Baked Beans Pineapple Fresh Fruit	11 Nacho-Grande, whole grain Soft Chicken Taco Refried Beans, lettuce, tomato Black bean salsa Sour Cream, taco sauce Juice Cup Fresh Fruit	12 Chicken nuggets Roast turkey w/gravy Roll, whole grain Mashed Potato Green Beans Mandarin Oranges, Fresh Fruit	13 Papa John's Pizza, whole grain BBQ Rib Patty on Whole Grain Bun Garden Salad w/ Romaine, Spinach Corn Pears Fresh Fruit	14 <div>No School</div>
17 <div>No School</div>	18 Asian Chicken Grilled Cheese Baby Carrots w/ ranch Midori Blend Vegetables Peaches Fresh Fruit	19 Chicken Rings Breaded Pork Steak w/ Gravy Broccoli w/cheese Buttermilk Squash Cornbread Pineapple Fresh Fruit	20 Papa John's Pizza, whole grain Turkey/cheese on whole grain bun Tossed salad Rainbow potato Baked apples Fresh Fruit	21 Beef BBQ on whole grain bun Cheese quesadilla Northern beans Roasted Herb Zucchini Fruit Smoothie Fresh Fruit
24 Pork BBQ Riblets Chicken Tenders Mac & Cheese, whole grain Broccoli salad w/onion, bacon Mix. Vegetables Mix. Fruit Fresh Fruit	25 Nacho-Grande, whole grain Cheese Sticks Refried Beans, Lettuce, tomato Black Bean Salsa Sour Cream, taco sauce Lettuce/Tomato Juice Cup Fresh Fruit	26 Chicken nuggets Turkey & Gravy Roll, whole grain Mashed Potato Spinach Salad Pickled Beets Pears Fresh Fruit	27 Papa John's Pizza, whole grain Sub-sandwich on whole grain bun Tossed salad Steamed cauliflower w/cheese Mandarin Oranges Fresh Fruit	28 Hot dog on whole grain bun Fish Patty on whole grain bun Sweet Potato Criss Cut Fries Pinto beans Sauerkraut, salsa Peaches Fresh Fruit


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March 2014 Spencer County Elementary School Menu

Mon	Tue	Wed	Thu	Fri
3 Chicken corn dog, whole grain Cheeseburger on whole grain bun Glazed Carrots Hash Brown Sticks Applesauce Fresh Fruit	4 Chili w/cheese Vegetarian Soup w/soup Crackers Sweet Potato Fries Raw Veggie Cup Fruit Smoothie Cup Fresh Fruit	5 Popcorn Chicken Fish Nuggets Mashed Potato Green Beans Pineapple Fresh Fruit	6 Papa John's Pizza, whole grain Ham & Cheese Sandwich Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit	7 Chicken Patty on Bun Cheese Quesadilla Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit
10 Hot Dog on whole grain Bun Grilled Cheese Sandwich Sweet Potato Fries Cucumber Apple Salad Baked Beans Pineapple Fresh Fruit	11 Nacho-Grande, whole grain Soft Chicken Taco Refried Beans, lettuce, tomato Black bean salsa Sour Cream, taco sauce Juice Cup Fresh Fruit	12 Chicken nuggets Roast turkey w/gravy Roll, whole grain Mashed Potato Green Beans Mandarin Oranges, Fresh Fruit	13 Papa John's Pizza BBQ Rib Patty on Whole Grain Bun Garden Salad w/ Romaine, Spinach Corn Pears Fresh Fruit	14 Ham & Cheese on Whole Grain Bun Cheese Sticks w/ Sauce Glazed Carrots Tossed Salad Mix. Fruit Fresh Fruit
17 Cheeseburgers on whole grain bun Chicken patty on whole grain bun Fries Lettuce, tomato, onion, pickles Applesauce Fresh Fruit	18 Asian Chicken Grilled Cheese Baby Carrots w/ ranch Midori Blend Vegetables Peaches Fresh Fruit	19 Chicken Rings Breaded Pork Steak w/ Gravy Broccoli w/cheese Buttermilk Squash Cornbread Pineapple Fresh Fruit	20 Papa John's Pizza, whole grain Turkey/cheese on whole grain bun Tossed salad Rainbow potato Baked apples Fresh Fruit	21 Beef BBQ on whole grain bun Cheese quesadilla Northern beans Roasted Herb Zucchini Fruit Smoothie Fresh Fruit
24 Pork BBQ Riblets Chicken Tenders Mac & Cheese, whole grain Broccoli salad w/onion, bacon Mix. Vegetables Mix. Fruit Fresh Fruit	25 Nacho-Grande, whole grain Cheese Sticks Refried Beans, Lettuce, tomato Black Bean Salsa Sour Cream, taco sauce Lettuce/Tomato Juice Cup Fresh Fruit	26 Chicken nuggets Turkey & Gravy Roll, whole grain Mashed Potato Spinach Salad Pickled Beets Pears Fresh Fruit	27 Papa John's Pizza, whole grain Sub-sandwich on whole grain bun Tossed salad Steamed cauliflower w/cheese Mandarin Oranges Fresh Fruit	28 <div>No School</div>
31 <div>No School</div>			Offered Daily: Milk Chocolate Milk	

April 2014 Spencer County Elementary School Menu

Mon	Tue	Wed	Thu	Fri	
<div>Spring Break</div>					3
7	8	9	10	11	4
No School	Nacho-Grande, whole grain Soft Chicken Taco Refried Beans, lettuce, tomato Black bean salsa Sour Cream, taco sauce Juice Cup Fresh Fruit	Chicken nuggets Roast turkey w/gravy Roll, whole grain Mashed Potato Green Beans Mandarin Oranges, Fresh Fruit	Papa John's Pizza BBQ Rib Patty on Whole Grain Bun Garden Salad w/ Romaine, Spinach Corn Pears Fresh Fruit	Ham & Cheese on Whole Grain Bun Cheese Sticks w/ Sauce Glazed Carrots Tossed Salad Mix. Fruit Fresh Fruit	
14	15	16	17	18	1
Cheeseburgers on whole grain bun Chicken patty on whole grain bun Fries Lettuce, tomato, onion, pickles Applesauce Fresh Fruit	Asian Chicken Grilled Cheese Baby Carrots w/ ranch Midori Blend Vegetables Peaches Fresh Fruit	Chicken Rings Breaded Pork Steak w/ Gravy Broccoli w/cheese Buttermilk Squash Cornbread Pineapple Fresh Fruit	Papa John's Pizza, whole grain Turkey/cheese on whole grain bun Tossed salad Rainbow potato Baked apples Fresh Fruit	Beef BBQ on whole grain bun Cheese quesadilla Northern beans Roasted Herb Zucchini Fruit Smoothie Fresh Fruit	
21	22	23	24	25	2
Pork BBQ Riblets Chicken Tenders Mac & Cheese, whole grain Broccoli salad w/onion, bacon Mix. Vegetables Mix. Fruit Fresh Fruit	Nacho-Grande, whole grain Cheese Sticks Refried Beans, Lettuce, tomato Black Bean Salsa Sour Cream, taco sauce Lettuce/Tomato Juice Cup Fresh Fruit	Chicken nuggets Turkey & Gravy Roll, whole grain Mashed Potato Spinach Salad Pickled Beets Peas Fresh Fruit	Papa John's Pizza, whole grain Sub-sandwich on whole grain bun Tossed salad Steamed cauliflower w/cheese Mandarin Oranges Fresh Fruit	Hot dog on whole grain bun Fish Patty on whole grain bun Sweet Potato Criss Cut Fries Pinto beans Sauerkraut, salsa Peaches Fresh Fruit	
28	29	30			3
Chicken corn dog, whole grain Cheeseburger on whole grain bun Glazed Carrots Hash Brown Sticks Applesauce Fresh Fruit	Chili w/cheese Vegetarian Soup w/soup Crackers Sweet Potato Fries Raw Veggie Cup Fruit Smoothie Cup Fresh Fruit	Popcorn Chicken Fish Nuggets Mashed Potato Green Beans Pineapple Fresh Fruit	Offered Daily: Milk Chocolate Milk		

May 2014 Spencer County Elementary School Menu

Mon	Tue	Wed	Thu	Fri	
Offered Daily: Milk Chocolate Milk			<i>1</i> Papa John's Pizza, whole grain Ham & Cheese Sandwich Spinach Salad w/Mandarin Orange Corn Baked apples Fresh Fruit	<i>2</i> No School	3
<i>5</i> Hot Dog on whole grain Bun Grilled Cheese Sandwich Sweet Potato Fries Cucumber Apple Salad Baked Beans Pineapple Fresh Fruit	<i>6</i> Nacho-Grande, whole grain Soft Chicken Taco Refried Beans, lettuce, tomato Black bean salsa Sour Cream, taco sauce Juice Cup Fresh Fruit	<i>7</i> Chicken nuggets Roast turkey w/gravy Roll, whole grain Mashed Potato Green Beans Mandarin Oranges, Fresh Fruit	<i>8</i> Papa John's Pizza, whole grain BBQ Rib Patty on Whole Grain Bun Garden Salad w/ Romaine, Spinach Corn Pears Fresh Fruit	<i>9</i> Ham & Cheese on Whole Grain Bun Cheese Sticks w/ Sauce Glazed Carrots Tossed Salad Mix. Fruit Fresh Fruit	4
<i>12</i> Cheeseburgers on whole grain bun Chicken patty on whole grain bun Fries Lettuce, tomato, onion, pickles Applesauce Fresh Fruit	<i>13</i> Asian Chicken Grilled Cheese Baby Carrots w/ ranch Midori Blend Vegetables Peaches Fresh Fruit	<i>14</i> Chicken Rings Breaded Pork Steak w/ Gravy Broccoli w/cheese Buttermilk Squash Cornbread Pineapple Fresh Fruit	<i>15</i> Papa John's Pizza, whole grain Turkey/cheese on whole grain bun Tossed salad Rainbow potato Baked apples Fresh Fruit	<i>16</i> Beef BBQ on whole grain bun Cheese quesadilla Northern beans Roasted Herb Zucchini Fruit Smoothie Fresh Fruit	1
<i>19</i> Pork BBQ Riblets Chicken Tenders Mac & Cheese, whole grain Broccoli salad w/onion, bacon Mix. Vegetables Mix. Fruit Fresh Fruit	<i>20</i> Nacho-Grande, whole grain Cheese Sticks Refried Beans, Lettuce, tomato Black Bean Salsa Sour Cream, taco sauce Lettuce/Tomato Juice Cup Fresh Fruit	<i>21</i> Chicken nuggets Turkey & Gravy Roll, whole grain Mashed Potato Spinach Salad Pickled Beets Pears Fresh Fruit	<i>22</i> Papa John's Pizza, whole grain Sub-sandwich on whole grain bun Tossed salad Steamed cauliflower w/cheese Mandarin Oranges Fresh Fruit	<i>23</i> Hot dog on whole grain bun Fish Patty on whole grain bun Sweet Potato Criss Cut Fries Pinto beans Sauerkraut, salsa Peaches Fresh Fruit	2
<i>26</i>	<i>27</i>	<i>28</i>	<i>29</i>	<i>30</i>	3
Summer Break					